



**ST TAMMANY PARISH PUBLIC SCHOOLS  
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS  
OCTOBER 2017**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <b>ONE ENTRÉE PER LINE which will be the manager's choice.</b>   |  |   |  |  |
| <b>2</b><br><b>Main Line:</b><br>Delicious Chicken Tenders OR<br>Dipping Chicken Nuggets<br>Fresh Broccoli Florets<br>Mashed Potatoes<br>School Made Roll  | <b>3</b><br><b>Main Line:</b><br>Ravioli and Marinara<br>Fresh Tossed Salad<br>Garlic Breadstick<br>Chocolate Chip Cookie<br><b>Take Out Line:</b><br>BBQ Chicken Sandwich<br>Vegetable Blend Juice<br>Potato Rounds OR French Fries   | <b>4</b><br><b>National Taco Day</b><br><b>Main Line:</b><br>Beef Tacos w/Fixings OR<br>Seasoned Corn<br>Fresh Cinnamon Breadstick<br><b>Take Out Line:</b><br>Hamburger Sandwich<br>w/ Lettuce and Tomato<br>French Fries                        | <b>5</b><br><b>Main Line:</b><br>Classic Chicken Sandwich<br>w/ Lettuce and Tomato<br>French Fries<br>Baked Beans  | <b>6</b><br><b>PARISH FAIR HOLIDAY</b>   |
| <b>9</b><br><b>Main Line:</b><br>Delicious Chicken Tenders OR<br>Spicy Chicken Tenders OR<br>Dipping Chicken Nuggets<br>Salad<br>Tasty Green Peas<br>Mac-n-Cheese<br>Fresh Baked Roll                                  | <b>10</b><br><b>Main Line:</b><br>Breezy Beefy Mac<br>Crisp Baby Carrots<br>Seasoned Green Beans<br>Fresh Baked Garlic Breadstick<br><b>Take Out Line:</b><br>Homestyle Hamburger<br>Cheese Slices<br>French Fries<br>Fresh Lettuce<br>Sliced Tomatoes                             | <b>11</b><br><b>Main Line:</b><br>Fried Chicken<br>Fresh Crisp Baby Carrots<br>Louisiana Red Beans & Rice<br>Fresh Baked Biscuit<br><b>Take Out Line:</b><br>Hot Dog OR<br>Crisp Baby Carrots<br>French Fries                                     | <b>12</b><br><b>National Gumbo Day</b><br><b>Main Line:</b><br>Kick'n Chicken Gumbo<br>Fresh Crisp Baby Carrots<br>Southern Potato Salad<br>Fluffy Brown Rice<br>Fresh Baked Breadstick<br>Chewy Oatmeal Cookie<br><b>Take Out Line:</b><br>Meatball Sub<br>w/ Marinara<br>French Fries            | <b>13</b><br><b>PROFESSIONAL DEVELOPMENT DAY<br/>(NO STUDENTS)</b>   |
| <b>16</b><br><b>Main Line:</b><br>Delicious Chicken Tenders OR<br>Spicy Chicken Tenders OR<br>Dipping Chicken Nuggets<br>Garden Green Salad<br>Cheesy Potato Au Gratin<br>Fresh Baked Roll                             | <b>17</b><br><b>National Pasta Day</b><br><b>Main Line:</b><br>Italian Meat Sauce w/Pasta<br>Fresh Crisp Baby Carrots<br>Seasoned Green Beans<br>French Bread<br>Chocolate Chip Cookie<br><b>Take Out Line:</b><br>Classic Chicken Sandwich<br>Fresh Crisp Lettuce<br>French Fries | <b>18</b><br><b>Main Line:</b><br>Cheesy Chicken Quesadilla<br>Zesty Refried Beans<br>Fruit Crisp<br>Crispy Lettuce<br>Salsa OR Diced Tomatoes<br><b>Take Out Line:</b><br>Hot Dog OR<br>Crispy Carrot Sticks<br>French Fries OR Potato<br>Rounds | <b>19</b><br><b>Main Line:</b><br>Southern Fried Catfish<br>Crispy Fish Strips<br>Fresh Baked Potatoes<br>Creamy Cole Slaw<br>Fresh Baked Roll<br><b>Take Out Line:</b><br>Homestyle Hamburger<br>Crisp Lettuce<br>Sliced Tomato<br>French Fries   | <b>20</b><br><b>Main Line:</b><br>Stuffed Crust Pizza Pepperoni<br>Garden Green Salad<br>Seasoned Corn<br>Fresh Salsa OR<br>Dipping Marinara   |
| <b>23</b><br><b>Main Line:</b><br>Delicious Chicken Tenders OR<br>Spicy Chicken Tenders OR<br>Dipping Chicken Nuggets<br>Crispy Baby Carrots<br>Green Salad<br>Macaroni & Cheese<br>Fresh Baked Roll OR<br>Texas Toast | <b>24</b><br><b>Main Line:</b><br>Beef Tacos w/Fixings<br>Refried Beans<br><b>Take Out Line:</b><br>Chicken Slider<br>French Fries   | <b>25</b><br><b>Main Line:</b><br>Pork Roast w/Gravy<br>Sweet Potato Casserole<br>Cauliflower Florets<br>Fresh Baked Roll<br><b>Take Out Line:</b><br>Meatball Sub<br>Lettuce<br>French Fries   | <b>26</b><br><b>Main Line:</b><br>Comfort Food Shepherd's Pie<br>Broccoli Crown Florets<br>Creamy Mashed Potatoes<br>Fresh Baked Roll<br>Rice Crispie Treat<br><b>Take Out Line:</b><br>Fiesta Nachos<br>Garden Green Salad<br>Crispy Carrot Sticks<br>Fresh Baked Breadstick OR<br>Cracker Graham | <b>27</b><br><b>National Potato Day</b><br><b>Main Line:</b><br>Hamburger OR Cheeseburger<br>Crisp Lettuce<br>Sliced Tomato<br>Potato Rounds OR French Fries<br>Chilled Fruit  |
| <b>30</b><br><b>Main Line:</b><br>Dipping Chicken Nuggets<br>Fresh Broccoli Florets<br>Fresh Baked Roll Mashed Potato<br>w cheese  | <b>31</b><br><b>Main Line:</b><br>Ravioli and Marinara<br>Fresh Tossed Salad<br>Garlic Breadstick<br>Chocolate Chip Cookie<br><b>Take Out Line:</b><br>BBQ Pork Sandwich<br>Vegetable Blend Juice<br>Potato Rounds OR French Fries   |   | <b>LUNCH PRICES:</b><br><b>Reduced (PK-12)</b><br><b>\$0.40</b><br><b>Full Price (PK-6)</b><br><b>\$1.30</b><br><b>Full Price (7-12)</b><br><b>\$1.55</b><br><b>Eligible Adults</b><br><b>\$3.25</b><br><b>Visitors</b><br><b>\$4.25</b>   | <b>AVAILABLE DAILY:</b><br>Low-Fat White Milk<br>Fat-Free Chocolate Milk<br>Fat-Free Strawberry Milk<br>Assorted Fruits & Veggies<br><br><b>Optional Daily Entrée:</b><br>Non-Fat Flavored Yogurt<br>w/Mozzarella String Cheese |

This institution is an equal opportunity provider. Menus are subject to change.