



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR MIDDLE/JUNIOR HIGH SCHOOLS
JANUARY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	1 WINTER/CHRISTMAS BREAK	2 WINTER/CHRISTMAS BREAK	3 WINTER/CHRISTMAS BREAK	4 WINTER/CHRISTMAS BREAK
7 Main Line: Delicious Chicken Tenders OR Crispy Baby Carrots Fresh Broccoli Florets Macaroni & Cheese Fresh Baked Roll OR Texas Toast	8 Main Line: Comfort Food Shepherd's Pie Seasoned Green Beans Fresh Baked Roll Chilled Fruit Cupcake Take Out Line: Chicken Patty Sandwich Crisp Lettuce Fries	9 Main Line: Breaded Pork Chop Patty w/ Rice & Gravy Sweet Potato Casserole Cauliflower Florets Fresh School Made Roll Take Out Line: Fish Patty Sandwich Crisp Lettuce French Fries	10 Main Line: Beef Tacos w/ Fixings Refried Beans Crisp Lettuce Salsa OR Diced Tomatoes Refried Beans	11 Main Line: Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomatoes French Fries Rice Crispy Treat
14 Main Line: Delicious Chicken Tenders OR Dipping Chicken Bites Fresh Green Salad School Made Roll	15 Main Line: Breezy Beefy Mac Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick Take Out Line: Homestyle Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomatoes French Fries	16 Main Line: Mandarin Orange Chicken Steamed Broccoli Fresh Crisp Carrots Breadstick Chocolate Chip Cookie	17 Main Line: Baked Potato Supreme OR Sweet Potato Diced Ham OR Garden Green Salad Texas Toast Fudgy Brownie Take Out Line: Hot Pepperoni Pizza OR	18 Main Line: Classic Chicken Sandwich French Fries Crisp Lettuce Baked Beans
21 MARTIN LUTHER KING HOLIDAY	22 Main Line: Louisiana Chicken Jambalaya Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: Pork Chop Patty Sandwich French Fries	23 Main Line: Beef Tacos w/ Fixings OR Nachos Supreme Seasoned Corn Fresh Cinnamon Breadstick	24 Main Line: Fried Chicken Chop Cole Slaw Louisiana Red Beans & Rice Fresh Baked Biscuit Take Out Line: Hot Dog OR Sweet Potato Fries	25 Main Line: Ham & Cheese PoBoy French Fries Crisp Lettuce Sliced Tomatoes Cupcake
28 Main Line: Mandarin Orange Chicken w/Rice Garden Green Salad Fresh Baby Carrots Cheesy Potato Au Gratin Roll OR Breadstick	29 Main Line: Ravioli w/ Marinara Seasoned Green Beans French Bread Take Out Line: Kick'n Chicken Sandwich Crisp Lettuce French Fries	30 Main Line: Cheesy Chicken Quesadilla Zesty Refried Beans Fruit Crisp Crisp Lettuce Salsa OR Diced Tomatoes Take Out Line: Hot Dog Crispy Carrot Sticks French Fries OR Potato Rounds	31 Main Line: Southern Fried Catfish OR Crispy Fish Strips Fresh Baked Potato Creamy Cole Slaw Fresh Baked Roll Take Out Line: Homestyle Hamburger OR Cheeseburger Crisp Lettuce Sliced Tomatoes French Fries	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies  Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.