

BREAKFAST MENU CYCLE 2018-2019

Nov-18

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
WEEK 4				WG Waffles(2/1.3oz=2B/G) WG French Toast Slices(2/1oz=2B/G) Banana (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 1	NATIONAL DONUT DAY 5 WG Donut OR Donut Holes(2.2oz=2B/G) Oranges (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	NO SCHOOL 6	Biscuit(2oz=2B/G) 7 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Eggs w/Toast(1 B/G,1.5M/MA) *May offer grits as an Extra Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 2	WG Fruit Pastry Frudel(2B/G) WG Snack Bun or Bites(2B/G) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 13 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 14 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) *May offer grits as an Extra *Cereal w/ Toast(2B/G)	WG Muffin(2B/G) 15 Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
	19 THANKSGIVING BREAK	20 THANKSGIVING BREAK	21 THANKSGIVING BREAK	22 THANKSGIVING BREAK
WEEK 3	WGPancake/Sausage Stick(1.5B/G,1M/MA)26 WG IW Pancakes Mini(3.3oz=2B/G) Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 27 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	NATIONAL FRENCH TOAST DAY 28 WG IW French Toast Mini(2B/G) Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit (2oz=2B/G) 29 Sausage Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu

FRIDAY	
WG Cinnamon Roll(2B/G) 2 Can Applesauce (1/2C) Juice(1/2C) Milk Choices(1C)	
*Cereal w/ Toast(2B/G)	
WG Cinnamon Roll(2B/G) 9 Can Pears(1/2C) Juice(1/2C) Milk Choices(1C)	
*Cereal w/ Toast(2B/G)	
WG Cinnamon Roll(2B/G) 16 Applesauce(1/2C) Juice(1/2C) Milk Choices(1C)	
*Cereal w/ Toast(2B/G)	
	23
THANKSGIVING BREAK	
WG Cinnamon Roll(2B/G) 30 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C)	
*Cereal w/ Toast(2B/G)	