

K-8 SEPTEMBER 2020-21

#N/A

			Monday		Tuesday		Wednesday		Thursday		Friday
Week 1	Daily Requir	Weekly Require	Main Menu	Sandwich Line	Main Menu	Sandwich Line	Main Menu	Sandwich Line	6 Main Menu	Sandwich Line	7 Both Lines
Meat/MA	1 M/MA (Min.)	9-10 MMA	(28) Chicken Tender (2M/MA, 1.25B/G)	Chicken Patty(2m/ma)	(29)Tacos Beef(2M/MA)	Nachos Supreme(2m/ma)	(30)Fettuccini(2M/MA)	Pork Patty			
Veg Option			Vegetarian Option		*Vegetarian Option		*Vegetarian Option				
Fruit	1/2c	2 1/2cup	Peaches and Apples(1/2c)		Applesauce(1/2c)		Honeydew/Cantaloup(1/2c)				
Veggie (G)	3/4c	1/2c (min)	Salad(1/2c=1/4c)	Greenleaf lettuce(1/2=1/4c)	GreenLeafLettuce(1/2c=1/4c)	GreenLeafLettuce(1/2c=1/4c)	Carrot FZ(1/2c)	Carrot raw (1/4c)			
Veggie (R/O)	3/4c (min)	3/4c (min)	Mashed Potatos(1/2c)w/gravy	Fries(3/4c)	Salsa(1/4c)	Salsa(1/4)					
Veg. (S)	1/2c	1/2c									
Veg. (O)	1/2c	1/2c									
Legume	1/2c		Seasoned Ranchero Pinto Beans								
WG Bread	1 B/G (Min.)	8-10 B/G	Roll(2b/bg)	Bun,Purchased(2B/G)	cinnamon sticks(1B/G)	Tortillas(1=1B/G)Corn SHELLS(2=1.25B/G)	Nacho CHIPS(2B/G)	Garlic Breadsticks(1B/G)	Fries(3/4c)	Bun Purchased(B/G)	
Milk	8oz								Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras					Sour Cream and Jalapenos		Cookies				
Week 2	Daily Requir	Weekly Require	10 Main Menu	Sandwich Line	11 Main Menu	Sandwich Line	12 Main Menu	Sandwich Line	13 Main Menu	Sandwich Line	14 Both Lines
Meat/MA	1 M/MA (Min.)	9-10 MMA								Hot Dog (2M/MA)	Hamburger (2M/MA) OR Cheeseburger (2M/MA) Offer Additional Sandwich Choice
Veg Option			Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup									Raisins/Cran (1/4=1/2c)
Veggie (G)	3/4c	1/2c (min)									
Veggie (R/O)	3/4c (min)	3/4c (min)									
Veg. (S)	1/2c	1/2c									
Veg. (O)	1/2c	1/2c									
Legume	1/2c										
WG Bread	1 B/G (Min.)	8-10 B/G					Pasta (1/2c)				
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras					Sour Cream and Jalapenos						
Week 3	Daily Requir	Weekly Require	17 Main Menu	Sandwich Line	18 Main Menu	Sandwich Line	19 Main Menu	Sandwich Line	20 Main Menu	Sandwich Line	21 Both Lines
Meat/MA	1 M/MA (Min.)	9-10 MMA									
Veg Option			Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup									
Veggie (G)	3/4c	1/2c (min)									
Veggie (R/O)	3/4c (min)	3/4c (min)									
Veg. (S)	1/2c	1/2c									
Veg. (O)	1/2c	1/2c									
Legume	1/2c										
WG Bread	1 B/G (Min.)	8-10 B/G									
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras											
Week 4	Daily Requir	Weekly Require	24 Main Menu	Sandwich Line	25 Main Menu	Sandwich Line	26 Main Menu	Sandwich Line	27 Main Menu	Sandwich Line	28 Both Lines
Meat/MA	1 M/MA (Min.)	9-10 m/ma									
Veg Option			Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2 cup									
Veggie (G)	3/4c	1/2c (min)									
Veggie (R/O)	3/4c (min)	3/4c (min)									
Veg. (S)	1/2c	1/2c									
Veg. (O)	1/2c	1/2c									
Legume	1/2c										
WG Bread	1 B/G (Min.)	8-10 B/G									
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras											

This institution is an equal opportunity provider. Menus are subject to change.

***Vegeterian Options**
 Yogurt & Cheese Stick
 Smoothie & Cheese Stick
 Sunbutter & Jelly Sandwich
 Veggie Burger

Holiday Menu
 Turkey Roast w/ Gravy (2M/MA)

Half Day Menu
 Hot Dog (2M/MA)
 OR Corndog (2M/MA)

Yogurt and Cheese Stick (2M/MA)
Fruit Salad (1/2c) and Cranberry Sauce (1/4c)
Sweet Potato Casserole (2/3c=1/2c)
Cauliflower (1/4c)
Roll (2B/G)
Cornbread Dressing (1/2c)
Milk Choice: White, Strawberry, Chocolate

Yogurt and Cheese Stick (2M/MA)
Raisins/Cran (1/4=1/2c)
Broccoli Florets (1/4c)
Carrots (1/2c)
Bun, Purchased (2B/G)
OR Wrap (2B/G)
Milk Choice: White, Strawberry, Chocolate