

BREAKFAST MENU CYCLE 2020-21
Base Menu September

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|---|---|---|--|
| WEEK 1 | | | | | |
| WEEK 2 | | (8)Pastery Filled Chery IW Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) Toaster Pastry,Frosted Cinnamon | (9)Biscuit(2oz=2B/G) Sausage Fruit(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G) | 10 Eggs /Toast/Grits Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 11 Cinnamon Roll(2oz=2B/G) Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |
| WEEK 3 | 14 Pancakes Fruit(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 15 Beignets(2oz=2B/G) Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 16 Biscuit(2oz=2B/G) Sausage Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 17 Banana Muffins Fruit(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 18 Cinnamon Roll(2oz=2B/G) Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |
| WEEK 4 | 21 Pizza Frut(1/2) Juice(1/2) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 22Beignets(2oz=2B/G) Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 23 Biscuit(2oz=2B/G) Sausage Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 24 Pop Tarts Juice(1/2C) AND Fruit(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | 25 Cinnamon Roll(2oz=2B/G) Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu