

			Monday		Tuesday		Wednesday		Thursday		Friday
Week	Daily Require	Weekly Require	4 Main Menu	With Take-Out Option	5 Main Menu	With Take-Out Option	6 Main Menu	With Take-Out Option	7 Main Menu	With Take-Out Option	8 Both Lines
Meat/MA	1 M/MA (Min.)	9 -10 M/MA	Chicken Tender(2M/MA, 1.25B/G)		Burrito, Beef w/ Cheese (3M/MA)	Nachos Supreme (2M/MA)	Fettuccini (2M/MA)	Chicken Patty (2M/MA)		Sloppy Joe (2M/MA)	Pizza (2M/MA)
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Peaches and Apples (1/2c)		Pears (1/2c)		Applesauce and Honeydew/Cantaloupe (1/2c)		Mixed Fruit (1/2c)		Bananas (1/2c)
Veggie (G)	3/4c	1/2c (min)	Salad(1/2c=1/4c)		GreenLeaf Lettuce (1/2c = 1/4c)	GreenLeaf Lettuce (1/2c=1/4c)	Broccoli Florets (1/4c)	Carrots, raw (1/4c)		Regular Fries (3/4c)	Broccoli Florets (1/2c)
Veggie (R/O)	3/4c (min)	3/4c (min)	Mashed Potatoes (1/2c) w/ gravy		Salsa	Salsa	Carrot, raw OR Slices, fz. (1/2c)	Regular Fries (3/4c)			Marinara Sauce (1/4c.)
Veg. (S)	1/2c	1/2c									
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c			Seasoned Ranchero Pinto or Fiesta Black Beans (1/2c)						
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Roll (2B/G)		Burrito - Tortilla (1=2B/G)	Nacho Chips (2B/G)	Garlic Breadstick (1B/G)	Bun, Purchased (2B/G)		Bun, Purchased (2B/G)	Pizza (2B/G)
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras											
Meat/MA	1 M/MA (Min.)	9 -10 m/ma	Chicken Tender 2M/MA		Fajita (2M/MA)	Grilled Cheese (2M/MA)			Chicken (2 M/MA) Fried		Hamburger (2M/MA) OR Cheeseburger (2M/MA)
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2 cup	Pear and Oranges (1/2c)		Peaches and Kiwi (1/2c)		Pineapple (1/2c)		Southern Baked Apples & Watermelon (1/2c)		Raisins/Cran (1/4=1/2c)
Veggie (G)	3/4c	1/2c (min)	Carrots		Green Leaf Lettuce (1/2c = 1/4c)						Green Leaf (1/2c = 1/4c)
Veggie (R/O)	3/4c (min)	3/4c (min)	Fries 3/4 c		Salsa (1/4c)	Regular Fries (3/4c)	Yogurt & Breezy - Carrots (1/4c)		Potato Salad(1/4c)		Fries or Tots(3/4c)
Veg. (S)	1/2c	1/2c	Green Beans 1/2c		Corn (1/2c)	Zucchini & Squash (1/4c)	Green Beans (1/2c)				
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c			Ranchero Pinto or Fiesta Black Beans (1/2c=1/2c)				Baked Beans (1/2c=1/4c)		
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Rolls		Fajita-Tortilla (1=1B/G)	Sliced Bread, purchased (2B/G)	French Bread (1B/G)	Bun, Purchased (2B/G)	Roll (2B/G)		Bun, Purchased (2B/G)
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras							Parmesan cheese				
Meat/MA	1 M/MA (Min.)	9 -10 M/MA	Chicken Tender(2M/MA, 1.25B/G)		Chicken Tender(2M/MA, 1.25B/G)		Tacos, Beef (2M/MA)		Meatloaf (2M/MA)	OR Cheese Bites (2M/MA)	Chicken Patty (2M/MA)
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Pineapples and Apples (1/2c)		Pineapples and Apples (1/2c)		Applesauce (1/2c)		Pears (1/2c)		Bananas (1/2c)
Veggie (G)	3/4c	1/2c (min)			Carrots, raw (1/4c)		Greenleaf lettuce (1/2c = 1/4c)				Green Leaf (1/2c = 1/4c)
Veggie (R/O)	3/4c (min)	3/4c (min)			Green Peas (1/2c)		Salsa		Potatoes, Mashed w/Gravy (1/2c)		Regular Fries (3/4c)
Veg. (S)	1/2c	1/2c							Zucchini & Squash (1/4c)		
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c			Ranchero Pinto or Fiesta Black Beans (1/2c)						
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G			Texas Toast (1B/G)		Taco-Cinnamon Breadsticks (1B/G)		Roll (2 B/G)		Bun, Purchased (2B/G)
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras							Sour Cream and Jalapenos		Rice Crispy Treat		
Meat/MA	1 M/MA (Min.)	9 -10 M/MA	Sweet & Sour Chicken (2M/MA)		Gumbo (2M/MA)			Chicken Patty (2M/MA) Breaded, Spicy, or Grilled	Chicken (2 M/MA) Baked		Hamburger (2M/MA) OR Cheeseburger (2M/MA) Offer Additional Sandwich Choice
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Applesauce and Oranges (1/2c)		Mixed Fruit (1/2c)		Peaches and Frozen Fruit Cup (1/2c)		Pineapple (1/2c) and Fruit Crisp (1/2c=1/4c)		Raisins/Cran (1/4=1/2c)
Veggie (G)	3/4c	1/2c (min)	Steamed Broccoli (1/2c)					Greenleaf lettuce (1/2c = 1/4c)			Green Leaf (1/2c = 1/4c)
Veggie (R/O)	3/4c (min)	3/4c (min)	Carrots, raw (1/4c)		Potato Salad (1/2c)		Regular Fries (3/4c)				Tomato, sliced(1/4c)
Veg. (S)	1/2c	1/2c			Zucchini & Squash (1/4c)				Cole Slaw (1/4)		Fries or Tots(3/4c)
Veg. (O)	1/2c	1/2c									
Legume (B)	1/2c	1/2c							Red Beans (3/4c = 1/2c)		
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Breadstick (1B/G)		Bread Stick (1B/G)			Bun, Purchased (2B/G)	Biscuit (2B/G)		Bun, Purchased (2B/G)
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras					Cooke		Brownie				

This institution is an equal opportunity provider. Menus are subject to change.

***Vegeterian Options**
 Yogurt & Cheese Stick
 Smoothie & Cheese Stick
 Sunbutter & Jelly Sandwich
 Veggie Burger