	4.7		AG W AGGA		_		Landin Wena Ganaary		_		
			Mon	nday	Tue	esday	Wed	nesday	Inu	rsday	Friday
Week 1	Daily	Weekly Require	4 Main Menu	With Take-Out Option	5 Main Menu	With Take-Out Option	6 Main Menu	With Take-Out Option	7 Main Menu	With Take-Out Option	8 Both Lines
Meat/MA	1 M/MA	9 -10	Chicken Tender(2M/MA, 1.25B/G)	•		Nachos Supreme (2M/MA)	Fettuccini (2M/MA)	Chicken Patty (2M/MA)		-	Offer Choices
	(Min.)	M/MA	, , , , , , , , , , , , , , , , , , , ,		Burrito, Beef w/ Cheese (3M/MA)	,	,	,			Pizza (2M/MA)
										Sloppy Joe (2M/MA)	
Veg Option			*Vegetaria	an Ontion	*Vegetar	ian Option	*Vegetai	ian Option	*Vegetar	ian Option	*Vegetarian Option
Fruit	1/2c	1/2c 2 1/2cup Peaches and Apples (1/2c)		Pears (1/2c)		Applesauce and Honeydew/Canteloupe (1/2c)		Mixed Fruit (1/2c)		Bananas (1/2c)	
Veggie (G)	3/4c 1/2c (min) Salad(1/2c=1/4c)		GreenLeaf Lettuce (1/2c = 1/4c) GreenLeaf Lettuce (1/2c=1/4c)		Broccoli Florets (1/4c)				Broccoli Florets (1/2c)		
Veggie (R/O)		3/4c (min)			Salsa	Salsa	Carrot, raw OR Slices, fz. (1/2c)	Carrots, raw (1/4c)			Marinara Sauce (1/4c.)
Veg. (S) Veg. (O)		1/2c 1/2c	Mashed Potatoes (1/2c) w/ gravy					Regular Fries (3/4c)		Regular Fries (3/4c)	
Legume (B)		1/2c			Seasoned Ranchero Pinto	or Fiesta Black Beans (1/2c)					
WG Bread (W)	1 B/G		Roll (2B/G)			Nacho Chips (2B/G)	Garlic Breadstick (1B/G)	Bun, Purchased (2B/G)		Bun, Purchased (2B/G)	Pizza (2B/G)
Bread	(Min.)						Pasta (1/2C =1B/G)				
Milk	8oz		Milk Choice: White, S	Strawberry Chocolate	Burrito - Tortilla (1=2B/G) Milk Choice: White	Strawberry, Chocolate	Milk Choice: White	Strawberry, Chocolate	Milk Choice: White	Strawberry, Chocolate	Milk Choice: White, Strawberry, Chocolate
Extras	002		Will Office. White, c	Strawberry, Griodolate	Will Office. Wille,	Chawberry, Onocolate	Will Office. Write,	Chawberry, Chocolate	Will Offolds. Wille,	Onawseny, onsessate	wilk Choice. Write, Strawberry, Chocolate
Magk 2	Daily	Weekly	11 Main Menu	With Tales Out Outlan	40 Main Manu	With Tales Out Outland	40 Main Manu	With Tales Out Outlan	14 Main Menu	With Tales Out Outlan	45 Beth Lines
Week 2	Requir	Require		With Take-Out Option	12 Main Menu	With Take-Out Option	13 Main Menu	With Take-Out Option		With Take-Out Option	15 Both Lines
Meat/MA	1 M/MA (Min.)		Chicken Tender 2MMA		Fajita (2M/MA)	Grilled Cheese (2M/MA)			Chicken (2 M/MA) Fried		Hamburger (2M/MA) OR Cheeseburger (2M/MA)
	(IVIII1.)	III/IIId					Breezy Beef Mac (2M/MA)		riled		OR Cheeseburger (ZW/WA)
Veg Option	*Vegetarian Option 1/2c 2 1/2 cup Pear and Oranges (1/2c)			*Vegetarian Option Peaches and Kiwi (1/2c)		*Vegetarian Option Pineapple (1/2c)		*Vegetarian Option Southern Baked Apples & Watermelon (1/2c)		*Vegetarian Option	
Fruit Veggie (G)	1/2c 3/4c	2 1/2 cup 1/2c (min)	Carrots	anges (1/20)	Green Leaf Lettuce (1/2c = 1/4c)	lu Niwi (1/20)	Pineap	pie (1/26)	очинен вакей Арри	es a watermeion (1/20)	Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c)
Veggie (G) Veggie (R/O)	3/40		Fries 3/4 c		Salsa (1/4c)						Green Lear (1/20 = 1/40)
Veg. (S)		1/2c			Corn (1/2c)	Regular Fries (3/4c)	Yogurt & Breezy - Carrots (1/4c)		Potato Salad(1/4c)		Fries or Tots(3/4c)
Veg. (O)		1/2c	Green Beans 1/2c		Danahara Dinta as Fiast	Zuchini & Squash (1/4c) a Black Beans (1/2c=1/2c)	Green Beans (1/2c)		Dalied Deep	ns (1/2c=1/4c)	
Legume (B) WG Bread (W)	1 B/G	1/2c 8-10 B/G	Rolls		Fajita-Tortilla (1=1B/G)	Sliced Bread, purchased (2B/G)	French Bread (1B/G)		Roll (2B/G)	IS (1/2C=1/4C)	Bun, Purchased (2B/G)
Bread	(Min.)	0 10 5/0	TOIG		rajita Tortina (1=15/5)	Bun, Purchased (2B/G)	Spaghetti, Macaroni OR Lasagna		Non (ZB/O)		Buil, Fulcilased (ZB/G)
							(1/2c =1B/G)				
Milk				Strawberry, Chocolate	Milk Choice: White,	Strawberry, Chocolate	Milk Choice: White,	Strawberry, Chocolate	Milk Choice: White,		Milk Choice: White, Strawberry, Chocolate
	8oz		ivilik Choice. writte, d	siambony, onocolato	·			, constant		Chambony, Chocolato	
Extras	80Z		wink Office. Write, C	Manson J, Griddolato		,,	Parmesan cheese	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Status on y, Gridodiato	
Extras	Daily	Weekly					Parmesan cheese				22 Roth Lines
Extras Week 3	Daily Requir	Weekly Require	18 Main Menu	With Take-Out Option	19 Main Menu	With Take-Out Option	Parmesan cheese 20 Main Menu	With Take-Out Option	21 Main Menu	With Take-Out Option	22 Both Lines
Extras	Daily Requir 1 M/MA	Weekly Require 9 -10					Parmesan cheese		21 Main Menu	With Take-Out Option	22 Both Lines Chicken Patty (2M/MA)
Extras Week 3	Daily Requir	Weekly Require 9 -10			19 Main Menu		Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA)				
Week 3 Meat/MA	Daily Requir 1 M/MA	Weekly Require 9 -10			19 Main Menu Chicken Tender(2M/MA, 1.25B/G)	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese	With Take-Out Option	21 Main Menu Meatloaf (2M/MA)	With Take-Out Option OR Cheese Bites (2M/MA)	Chicken Patty (2M/MA)
Week 3 Meat/MA Veg Option	Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetai	With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	Chicken Patty (2MMA) *Vegetarian Option
Week 3 Meat/MA Veg Option Fruit	Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Applese	With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA)	Chicken Patty (2M/MA) *Vegetarian Option Bananas (1/2c)
Week 3 Meat/MA Veg Option Fruit Veggie (G)	Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min)			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar Pineapples ai	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c)	With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	Chicken Patty (2M/MA) *Vegetarian Option
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Vegaie (R/O) Veg. (S)	Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Applese	With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	Chicken Patty (2M/MA) *Vegetarian Option Bananas (1/2c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veaudie (R/O) Veg. (S) Veg. (O)	Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar Pineapples ai	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetal Appless Greenleaf lettuce (1/2c = 1/4c) Salsa	With Take-Out Option ian Option uce (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	Chicken Patty (2M/MA) "Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c)
Extras Week 3 Meat/MA Veq Option Fruit Veggie (G) Veq. (S) Veq. (O) Legume (B)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c)	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi	With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veau (R/O) Veg. (S)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			Texas Toast (1B/G) Main Menu *Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c)	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetal Appless Greenleaf lettuce (1/2c = 1/4c) Salsa	With Take-Out Option ian Option uce (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	*Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veque (R/O) Veg. (S) Veg. (O) Legume (B) WG Bread (W)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c)	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Applesa Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (18/G)	With Take-Out Option ian Option uce (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veque (R/O) Veg. (S) Veg. (O) Legume (B) WG Bread (W)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA)	With Take-Out Option ian Option ad Apples (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetal Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G)	With Take-Out Option ian Option suce (1/2c) esta Black Beans (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c)	*Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veque (R/O) Veq. (S) Veq. (O) Legume (B) WG Bread (W)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) *Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA)	With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetal Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G)	With Take-Out Option ian Option uce (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veacie (R/O) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras	Daily Requir 1 M/MA (Min.) 1/2c 3/4c	Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G	18 Main Menu	With Take-Out Option	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White,	With Take-Out Option ian Option id Apples (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate	*Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veacie (R/O) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G			19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White,	With Take-Out Option ian Option ad Apples (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White,	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c)	*Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veacie (R/O) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz Daily Requir 1 M/MA (Min.)	Weekly Require 9-10 M/MA 2 11/2cupin 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G	18 Main Menu	With Take-Out Option	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White,	With Take-Out Option ian Option id Apples (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate	Chicken Patty (2M/MA) "Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Vea, (S) Veg, (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz	Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9-10	18 Main Menu	With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White,	With Take-Out Option ian Option id Apples (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate	*Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veg. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz Daily Requir 1 M/MA (Min.)	Weekly Require 9-10 M/MA 2 11/2cupin 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G	18 Main Menu 25 Main Menu Sweet & Sour Chicken (2M/MA)	With Take-Out Option With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA)	With Take-Out Option ian Option and Apples (1/2c) Strawberry, Chocolate With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Applesa Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled	21 Main Menu Meatloaf (2MMA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 MMA) Baked	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	Chicken Patty (2M/MA) "Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2M/MA) Offer Additional Sandwich Choice
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 80z Daily Requir 1 M/MA (Min.)	Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G Weekly Require 9-10 M/MA	18 Main Menu 25 Main Menu Sweet & Sour Chicken (2M/MA) *Vegetaria*	With Take-Out Option With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA)	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2W/MA) Offer Additional Sandwich Choice "Vegetarian Option
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Vea. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit	Daily Requir 1 M/MA/Min.) 1/2c 3/4c 1 B/G (Min.) 802 Daily Requir 1 M/MA/Min.) 1/2c 1 1 M/MA/Min.) 1/2c 1/2c 1 1/2c 1 1/2c 1 1/2c 1 1/2c	Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G Weekly Require 9-10 M/MA	18 Main Menu 25 Main Menu Sweet & Sour Chicken (2M/MA) *Vegetaria Applesauce and	With Take-Out Option With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA)	With Take-Out Option ian Option and Apples (1/2c) Strawberry, Chocolate With Take-Out Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	Chicken Patty (2M/MA) "Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2M/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq.ie (R/O) Veq. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 80z Daily Requir 1 M/MA (Min.)	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA	18 Main Menu 25 Main Menu Sweet & Sour Chicken (2M/MA) *Vegetaria Applesauce and	With Take-Out Option With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2(M/MA) OR Cheeseburger (
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veg. (S) Veg. (S)	Daily Requir 1 M/MA/Min.) 1/2c 3/4c 1 B/G (Min.) 802 Daily Requir 1 M/MA/Min.) 1/2c 1 1 M/MA/Min.) 1/2c 1/2c 1 1/2c 1 1/2c 1 1/2c 1 1/2c	Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 1/2c 8-10 B/G Weekly Require 9-10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 3/4c (min) 1/2c	25 Main Menu Sweet & Sour Chicken (2M/MA) "Vegetaric Applesauce and Steamed Broccoli (1/2c)	With Take-Out Option With Take-Out Option	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) esta Black Beans (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	Chicken Patty (2M/MA) "Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) Off Cheeseburger (2M/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Legume (B) WG Bread (W) Bread Millk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Veg. (S)	Daily Requir 1 M/MA/Min.) 1/2c 3/4c 1 B/G (Min.) 802 Daily Requir 1 M/MA/Min.) 1/2c 1 1 M/MA/Min.) 1/2c 1/2c 1 1/2c 1 1/2c 1 1/2c 1 1/2c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA	25 Main Menu Sweet & Sour Chicken (2M/MA) "Vegetaric Applesauce and Steamed Broccoli (1/2c)	With Take-Out Option With Take-Out Option	19 Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and	With Take-Out Option OR Cheese Bites (2M/MA) ian Option (1/2c) Strawberry, Chocolate With Take-Out Option ian Option Fruit Crisp (1/2c=1/4c)	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2W/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c) Tomato, Sliced(1/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Legume (B) Will Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veq. (S) Veq. (O) Legume (R) Milk Extras	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (m	25 Main Menu Sweet & Sour Chicken (2M/MA) "Vegetaria Applesauce and Steamed Broccolii (1/2c) Carrots, raw (1/4c)	With Take-Out Option With Take-Out Option	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F Potato Salad (1/2c) Zucchini & Squash (1/4c)	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c) Regular Fries (3/4c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and Cole Slaw (1/4) Red Beans	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2W/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c) Tomato, sliced(1/4c) Fries or Tots(3/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veg. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veg. (S) Veg. (S)	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 1/2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (m	25 Main Menu Sweet & Sour Chicken (2M/MA) "Vegetaric Applesauce and Steamed Broccoli (1/2c)	With Take-Out Option With Take-Out Option	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and	With Take-Out Option OR Cheese Bites (2M/MA) ian Option (1/2c) Strawberry, Chocolate With Take-Out Option ian Option Fruit Crisp (1/2c=1/4c)	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2W/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c) Tomato, Sliced(1/4c)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veq. (G) Veq. (G) Veq. (G) Veq. (G) Veg. (G) V	Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 8oz Daily Requir 1 M/MA (Min.) 1/2c 3/4c 1 B/G (Min.) 1/2c 3/4c 1 B/G (Min.) 1 B/G (Min.) 1 B/G (Min.)	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (m	25 Main Menu Sweet & Sour Chicken (2M/MA) *Vegetaria Applesauce and Steamed Broccoli (1/2c) Carrots, raw (1/4c) Breadstick (1B/G) Rice (1/2c=1B)	With Take-Out Option With Take-Out Option an Option Oranges (1/2c)	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F Potato Salad (1/2c) Zucchini & Squash (1/4c) Bread Stick (1B/G) Rice (1/2c = 1B/G)	With Take-Out Option ian Option d Apples (1/2c) Strawberry, Chocolate With Take-Out Option ruit (1/2c)	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar Peaches and Fro	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and Cole Slaw (1/4) Red Beans Biscuit (2B/G) Rice (1/2c = 1B/G)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option s (1/2c) Strawberry, Chocolate With Take-Out Option Fruit Crisp (1/2c=1/4c) (3/4c = 1/2c)	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2M/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c) Tomato, sliced(1/4c) Fries or Tots(3/4c) Bun, Purchased (2B/G)
Extras Week 3 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (O) Legume (B) WG Bread (W) Bread Milk Extras Week 4 Meat/MA Veg Option Fruit Veggie (G) Veq. (S) Veg. (S)	Daily Requir 1 M/MA/M (Min.) 1/2c 3/4c 1 B/G (Min.) 2 Daily Requir 1 M/MA/M (Min.) 1 /2c 3/4c 1 1 /2c 3/4c 1 1 /2c 3/4c 1 1 /2c 3/4c 1 1 /2c 3/4c	Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (min) 1/2c 1/2c 8-10 B/G Weekly Require 9 -10 M/MA 2 1/2cup 1/2c (min) 3/4c (m	25 Main Menu Sweet & Sour Chicken (2MMA) "Vegetaria Applesauce and Steamed Broccoli (1/2c) Carrots, raw (1/4c) Breadstick (1B/G)	With Take-Out Option With Take-Out Option an Option Oranges (1/2c)	Texas Toast (1B/G) Main Menu Chicken Tender(2M/MA, 1.25B/G) "Vegetar Pineapples at Carrots, raw (1/4c) Green Peas (1/2c) Texas Toast (1B/G) Mac & Cheese 1/2c (.75B/G + .75M/MA) Milk Choice: White, 26 Main Menu Gumbo (2M/MA) "Vegetar Mixed F Potato Salad (1/2c) Zucchini & Squash (1/4c) Bread Stick (1B/G) Rice (1/2c = 1B/G)	With Take-Out Option ian Option id Apples (1/2c) Strawberry, Chocolate With Take-Out Option ian Option	Parmesan cheese 20 Main Menu Tacos, Beef (2M/MA) w/Cheese *Vegetar Appless Greenleaf lettuce (1/2c = 1/4c) Salsa Ranchero Pinto or Fi Taco-Cinnamon Breadsticks (1B/G) Tortilla (1=1B/G) Corn Shells (2=1.25B/G) Milk Choice: White, Sour Cream and Jalapenos 27 Main Menu *Vegetar Peaches and Fro	With Take-Out Option ian Option uce (1/2c) Strawberry, Chocolate With Take-Out Option Chicken Patty (2M/MA) Breaded, Spicy, or Grilled ian Option zen Fruit Cup (1/2c) Greenleaf lettuce (1/2c = 1/4c) Regular Fries (3/4c)	21 Main Menu Meatloaf (2M/MA) *Vegetar Pears Potatoes, Mashed w/Gravy (1/2c) Zucchini & Squash (1/4c) Roll (2 B/G) Milk Choice: White, Rice Crispy Treat 28 Main Menu Chicken (2 M/MA) Baked *Vegetar Pineapple (1/2c) and Cole Slaw (1/4) Red Beans Biscuit (2B/G) Rice (1/2c = 1B/G)	With Take-Out Option OR Cheese Bites (2M/MA) ian Option (1/2c) Strawberry, Chocolate With Take-Out Option ian Option Fruit Crisp (1/2c=1/4c)	"Vegetarian Option Bananas (1/2c) Green Leaf (1/2c = 1/4c) Regular Fries (3/4c) Bun, Purchased (2B/G) Milk Choice: White, Strawberry, Chocolate 29 Both Lines Hamburger (2M/MA) OR Cheeseburger (2W/MA) Offer Additional Sandwich Choice "Vegetarian Option Raisins/Cran (1/4=1/2c) Green Leaf (1/2c = 1/4c) Tomato, sliced(1/4c) Fries or Tots(3/4c)

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