


BREAKFAST MENU CYCLE 2020-21

Jan-20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	WG French Toast, STICKS (2B/G) Peaches 1/2c Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 5 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 6 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	WG Muffin(2oz=2B/G) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) 8 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 2	French Toast Juice(1/2C) Oranges(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 12 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 13 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	Eggs w/Toast(1 B/G,1.5M/MA) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) 15 Applesauce(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 3	 18	WG Pancake/Sausage Stick(1.5Bg,1M) 19 Oranges(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 20 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Eggs w/Toast(1 B/G,1.5M/MA) Grits w/Toast(2 B/G)(May serve with eggs) Banana(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) 22 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 4	Smoothie, Fruit Puree w/ Toast(1bg,1M) 25 Oranges(1/2) Juice(1/2) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) 26 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) 27 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	WG Pop Tarts(3.53oz=2B/G) Juice(1/2C) AND Banana(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) 29 Can Mixed Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu