

BREAKFAST MENU CYCLE 2020-21
Feb-21

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|--|---|--|---|
| WEEK 1 | WG French Toast, STICKS (2B/G) Oranges (1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Beignets(2oz=2B/G) 2 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Biscuit(2oz=2B/G) 3 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | WG Muffin(2oz=2B/G) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Cinnamon Roll(2oz=2B/G) 5 Can Pears(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |
| WEEK 2 | FrechTast Juice(1/2C) Oranges(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Beignets(2oz=2B/G) 9 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Biscuit(2oz=2B/G) 10 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G) | WG Ham/Cheese Wrap(1B/G,2M/MA) Banana(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Cinnamon Roll(2oz=2B/G) 12 Applesauce(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |
| WEEK 3 | WG Pancake / Sausage Stick(1.5 B,1M) 15 Oranges(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Beignets(2oz=2B/G) 16 Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Biscuit(2oz=2B/G) 17 Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Eggs w/Toast(1 B/G,1.5M/MA) Grits w/Toast(2 B/G)(May serve with eggs) Banana(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Cinnamon Roll(2oz=2B/G) 19 Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |
| WEEK 4 | Waffle, Dutch(2B/G) Oranges(1/2) Juice(1/2) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Beignets(2oz=2B/G) 23 Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Biscuit(2oz=2B/G) 24 Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G) | WG Pop Tarts(3.53oz=2B/G) Juice(1/2C) AND Banana(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) | Cinnamon Roll(2oz=2B/G) 26 Can Mixed Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G) |

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu