

**BREAKFAST MENU CYCLE 2021-22
OCTOBER**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3 Oct. 4-8	Pastry Toaster Cinnamon Kiwi Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Can Peaches(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	No School Professional Development Day
WEEK 4 Oct. 11-15	Yogurt /Toast Milk Choices(1C) Oranges(1/2C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	WG Donut Juice(1/2C) Bananas(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Canned Mixed Fruit(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 1 Oct. 18-22	WG Pizza,Sausage,Egg&Bacon1M,1B Oranges(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Raisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Apples(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Muffin(2oz=2B/G) Bananas(1/2C) and Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Canned Pears(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)
WEEK 2 Oct. 25-29	Waffles, Dutch(2B/G) Oranges(1/2c) and Juice(1/2) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Beignets(2oz=2B/G) Fruity Raisins/CranRaisins(1/4C=1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Biscuit(2oz=2B/G) Sausage Kiwi(1/2C) Juice(1/2C) Milk Choices(1C) Grits w/Toast(2 B/G) *Cereal w/ Toast(2B/G)	WG Ham/Cheese Wrap(1B/G,2M/MA) Bananas(1/2c) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)	Cinnamon Roll(2oz=2B/G) Applesauce(1/2C) Juice(1/2C) Milk Choices(1C) *Cereal w/ Toast(2B/G)

*Offer cereal with toast as an additional option everyday. **Poptarts or Cereal/and any 1 B/G Cracker for Emergency Menu