

K-8 Lunch Menu May 2022

C:\Users\jburas\Downloads\COPY of May K-8 menu2022.xlsx\May

			Monday		Tuesday		Wednesday		Thursday		Friday
Week 4	Daily Require	Weekly Require	2 Main Menu	Sandwich Line	3 Main Menu	Sandwich Line	4 Main Menu	Sandwich Line	5 Main Menu	Sandwich Line	6 Both Lines
Meat/MA	1 M/MA (Min.)	9 -10 MMA	Sweet & Sour Chicken (2M/MA)	Chicken Patty (2M/MA)	Quesadilla (2 M/MA) (School Made)w/ Cheese	Hamburger (2M/MA) OR Cheeseburger (2M/MA)	Meat Sauce (2M/MA)		Chicken (2 M/MA) BBQ	Chicken Tender Sandwich (2M/MA)	Offer Both Roast Pobooy (Turkey)
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Offer 2 Canned/Fresh/Dried/Frozen Fruit Juice (1/2c)		Offer 2 Canned/Fresh/Dried/Frozen Fruit Juice (1/2c)		Offer 2 Canned/Fresh/Dried/Frozen Fruit Juice (1/2c)		Offer 2 Canned/Fresh/Dried/Frozen Fruit Juice (1/2c)		Canned/Fresh/Dried/Frozen Fruit (1/2c)
Veggie (G) Veggie (R/O) Veg. (S) Veg. (O)	3/4c	1/2c (min) 3/4c (min) 1/2c 1/2c	Steamed Broccoli (1/2c) Carrots, raw (1/4c)	Greenleaf lettuce (1/2c = 1/4c) Regular Fries (3/4c)	Green Leaf Lettuce (1/2c = 1/4c) Salsa or Tomatoes, diced (1/4c) Corn (1/2c)	Green Leaf Lettuce (1/2c = 1/4c) Tomatoes, sliced (1/4c) Regular Fries (3/4c)	Meat sauce (1/2c) Yogurt & Breezy - Carrots (1/4c) Green Beans (1/2c)			Regular Fries (3/4c)	Carrot, baby (1/4c) Fries or Tots(3/4c)
Legume (B)		1/2c							Red Beans (3/4c = 1/2c)		
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Breadstick (1B/G) Rice (1/2c=1B)	Bun, Purchased (2B/G)	Cinnamon Breadsticks (1B/G) Tortilla (1=1BG)	Bun, Purchased (2B/G)	French Bread (1B/G) Spaghetti (1/2c =1B/G)		Biscuit (2B/G) Rice (1/2c = 1B/G)	Bun, Purchased (2B/G) Roll (2 B/G)	Bun, Purchased (2B/G)
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras					Sour Cream and Jalapenos		Parmesan cheese				Relish and onions
Week 3	Daily Require	Weekly Require	9 Main Menu	Sandwich Line	10 Main Menu	Sandwich Line	11 Main Menu	Sandwich Line	12 Main Menu	Sandwich Line	13 Both Lines
Meat/MA	1 M/MA (Min.)	9 -10 MMA	Chicken Tenders		Taco		Pulled Pork	Ham	Roast	Hot Dogs	Pizza
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Fruit		Fruit		Fruit		Fruit		Fruit
Veggie (G) Veggie (R/O) Veg. (S) Veg. (O)	3/4c	1/2c (min) 3/4c (min) 1/2c 1/2c	Broccoli fz Carrots		Green Leaf Lettuce Salsa		Lettuce Fries	Lettuce Fries	Sweet Potatos Gravv	Fries	Broccoli Florets 1/4c Marinara 1/4c
Legume (B)		1/2c	Beans								
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Roll Mac&Cheese 1/2c		Cinnamon Sticks Tortilla		Bun	Bun	Rice Rolls	Bun	Pizza
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras											
Week 4	Daily Require	Weekly Require	16 Main Menu	Sandwich Line	17 Main Menu	Sandwich Line	18 Main Menu	Sandwich Line	19 Main Menu	Sandwich Line	20 Both Lines
Meat/MA	1 M/MA (Min.)	9 -10 MMA	Chicken Tenders		Roast Gravy		Chicken Patty		Hamburger		Turkey Franks 1/2 Day for Students
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option
Fruit	1/2c	2 1/2cup	Fruit		Fruit		Fruit		Fruit		
Veggie (G) Veggie (R/O) Veg. (S) Veg. (O)	3/4c	1/2c (min) 3/4c (min) 1/2c 1/2c	Broccoli fz Mashed Potato		Carrots Rice		Fries		Lettuce		Apple
Legume (B)		1/2c									
WG Bread (W) Bread	1 B/G (Min.)	8-10 B/G	Rolls		Rolls		Bun		Bun		BUNS
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate
Extras											

This institution is an equal opportunity provider. Menus are subject to change.

***Vegetarian Options**
 Yogurt & Cheese Stick
 Smoothie & Cheese Stick
 Sunbutter & Jelly Sandwich
 Veggie Burger

Desserts

Must prepare a desert 1 to 2 times weekly
(NO MORE THAN 2 TIMES A WEEK)

	<u>Choices</u>
	Cake/Cupcake
	Cookie
	Brownie
	Rice Crispy

Fruit Crisp - (1/2c=1/4c fruit serving)