

K-8 APRIL -21

			Monday		Tuesday		Wednesday		Thursday		Friday									
Week 1	Daily Require	Weekly Require					7 Main Menu		8 Main Menu		9 Both Lines									
Meat/MA	1 M/MA (Min.)	9-10 M/MA					Chicken Tenders (2M/MA) 1.25B/G		Taco Beef with Cheese (2M/MA)		Hamburger									
Veg Option					1/2Cup Apple		1/2Cup Peaches		1/2Cup Pineapple		1/2Cup Apple Sauce									
Veggie (G)	3/4c	1/2c (min)					Broccoli 1/4c Carrot 1/4c		Green Leaf Lettuce (1/2 Cup= 1/4Cup) Salsa		1/4 Cup Carrots									
Veggie (R/O)		3/4c (min)									3/4 Cup Fries									
Veg. (S)		1/2c																		
Veg. (O)		1/2c																		
Legume		1/2c							Ranchero Beans											
WG Bread	1 B/G (Min.)	8-10 B/G					Roll (2 B/G) Mac&Cheese 1/2c (.75B/G+.75M/MA)		Cinnamon Stick (1 B/G) Tortilla 1=1b/g Corn Shell 2=1.25B/G		Bun									
Milk	8oz								Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate									
Extras																				
Week 2	Daily Require	Weekly Require	12 Main Menu		13 Main Menu		Sandwich Line		14 Main Menu		Sandwich Line		15 Main Menu		Sandwich Line		16 Both Lines			
Meat/MA	1 M/MA (Min.)	9-10 M/MA	Chicken Tenders (2M/MA) 1.25B/G		Taco Beef with Cheese (2M/MA)				Pork Ham Roast Gravy		Chicken (2 M/MA) Roasted, Oven Fried, Baked or Fried		Hamburger (2M/MA) OR Cheeseburger (2M/MA)							
Veg Option									*Vegetarian Option		*Vegetarian Option		*Vegetarian Option							
Fruit	1/2c	2 1/2cup	1/2 Cup Peaches		1/2 cup Pears				1/2CupTropical Fruit		1/2Cup Pineapple Tidbits		Raisins/Cran (1/4=1/2c)							
Veggie (G)	3/4c	1/2c (min)	1/4Cup Broccoli		1/4Cup Salsa 1/2 Cup Lettuce				Sweet Potato Cassarole (1/3 Cup)		Cole Slaw (1/4Cup)		3/4Cup Fries 1/2Cup Lettuce							
Veggie (R/O)		3/4c (min)																		
Veg. (S)		1/2c	1/4 Cup Carrots																	
Veg. (O)		1/2c																		
Legume		1/2c			1/2C Ranchero Pinto Beans						Baked Beans (1/2c=1/4c)									
WG Bread	1 B/G (Min.)	8-10 B/G	Roll (2 B/G) Mashed Potatoes with Cheese		Cinnamon Stick Tortilla 1=1B/G Corn Shell 2=1.25B/G				Roll 1/2Cup Rice											
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate				Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate					
Extras			Ranch Dressing, Honey Mustard Sauce		Sour Cream and Jalapenos										ketchup, mayo & mustard					
Week 3	Daily Require	Weekly Require	19 Main Menu		Sandwich Line		20 Main Menu		Sandwich Line		21 Main Menu		Sandwich Line		22 Main Menu		Sandwich Line		23 Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 M/MA	Chicken Tenders (2M/MA) 1.25B/G				Chicken Fajitas S/M with Cheese				Meat Sauce (2M/MA)				Corn Dogs				Chicken Patty on Bun(2M/MA)	
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option	
Fruit	1/2c	2 1/2cup	1/2 Cup pears		1/2 Cup Apples				1/2 Cup Peaches		1/2 Cup Tropical Fruit		Bananas							
Veggie (G)	3/4c	1/2c (min)	Salad (1/2Cup=1/4 Cup)		1/2 Cup Green Leaf Lettuce 1/4Cup Salsa 1/2 Cup Corn				Green Beans (1/2Cup)				3/4 Cup Fries		3/4 Cup Fries					
Veggie (R/O)		3/4c (min)																		
Veg. (S)		1/2c																		
Veg. (O)		1/2c																		
Legume		1/2c									Baked Beans(1/2Cup)									
WG Bread	1 B/G (Min.)	8-10 B/G	Rolls (2B/G) Mac&Cheese (1/2 Cup)		Cinnamon Breadsticks (1B/G)				French Bread(1B/G) Spagetti (1/2Cup =1B/G)											
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate			
Extras			Ranch Dressing Honey Mustard Sauce		Sour Cream, Jalapenos				Parmesan cheese				Ketchup & Mustard		Ketchup & Mayo					
Week 4	Daily Require	Weekly Require	26 Main Menu		Sandwich Line		27 Main Menu		Sandwich Line		28 Main Menu		Sandwich Line		29 Main Menu		Sandwich Line		30 Both Lines	
Meat/MA	1 M/MA (Min.)	9-10 m/ma	Chicken Tenders				Tacos, Beef with cheese (2M/MA)				Meatloaf Gravy		Chicken (2MM/MA) BBQ, Roasted, Oven Fried or Fried		Pizza (2M/MA)					
Veg Option			*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option	
Fruit	1/2c	2 1/2 cup	1/2 Cup Peaches		1/2 Cup Apple Sauce				1/2 Mixed Fruit		1/2 Cup Pineapple		Bananas							
Veggie (G)	3/4c	1/2c (min)	Green Peas		1/2 Cup Green Leaf Lettuce 1/4 Cup Salsa				Cucumbers (1/4Cup)				Broccoli Florets(1/2Cup) Marinara Suce (1/4Cup) Corn (1/2Cup)							
Veggie (R/O)		3/4c (min)																		
Veg. (S)		1/2c																		
Veg. (O)		1/2c																		
Legume		1/2c			Ranchero Pinto Beans (1/2 Cup)				Red Beans											
WG Bread	1 B/G (Min.)	8-10 B/G	Roll (2B/G) Mashed Potatoes with Cheese		Cinnamon Sticks (1B/G) Corn Shell(2=1.25B/G) Tortilla (1=1 B/G)				Biscuits (2B/G) Rice (1/2 Cup)				Roll (2B/G) Mac & Cheese (1/2Cup)							
Milk	8oz		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate			
Extras			Ketchup		Sour Cream, Jalapenos				Ranch Dressing											

- *Vegeterian Options
- Yogurt & Cheese Stick
- Smoothie & Cheese Stick
- Sunbutter & Jelly Sandwich
- Veggie Burger

Holiday Menu

Turkey Roast w/ Gravy (2M/MA)
Yogurt and Cheese Stick (2M/MA)
Fruit Salad (1/2c) and Cranberry Sauce (1/4c)
Sweet Potato Casserole (2/3c=1/2c)
Cauliflower (1/4c)
Roll (2B/G)
Cornbread Dressing (1/2c)
Milk Choice: White, Strawberry, Chocolate

Half Day Menu

Hot Dog (2M/MA)
OR Corndog (2M/MA)
Yogurt and Cheese Stick (2M/MA)
Raisins/Cran (1/4=1/2c)
Broccoli Florets (1/4c)
Carrots (1/2c)
Bun, Purchased (2B/G)
OR Wrap (2B/G)
Milk Choice: White, Strawberry, Chocolate